

Stay Healthy!

TAKE A POSITIVE STEP. YOUR HEALTH IS WORTH IT!

Empowerment:

Understanding your health is the first step toward being healthy. Take that step! We provide you the information and guidance you need to empower yourself when you participate in the screening services. You give less than 30 minutes of your time. We give valuable insight into your health. Improving and maintaining your health can start today. You can be in control of a healthy future.

SCREENING PROGRAM OVERVIEW

Core-Screening Package Includes:

- A comprehensive 37-component blood chemistry profile and educational report to share with your doctor.
- Blood Pressure and Body Mass Index Reading
- Self-Reported Height and Weight
- Empower Health Assessment™ (EHA) - An assessment tool that evaluates your lifestyle as well as your current health status. This innovative tool calculates your health risk and suggests ways to make improvements.
- Results are confidentially and securely available online at empowerhealthservices.info within 5-7 business days of your event. You can view your results from any computer or smart phone 24 hours a day.
- You get one year of unlimited access to accredited online self care tools and resources utilized by millions of people to empower their healthy way of life.

Additional Tests:

- Additional test options are available during registration and at your screening, please see the Additional Test Menu for tests and fees. Please note, additional testing does not take additional screening time to complete.

ELIGIBLE PARTICIPANTS

WHO CAN	SCREENING	PSA SCREENING	ADDITIONAL TESTS
Open to Public	No cost to you	No cost to Men age 45+ or with hereditary risk.	Self-Pay, please see Additional Test Menu for tests & fees

Please Note: If you are covered by BCBSIL PPO, additional tests may be covered. Please present your BCBS PPO ID card at time of service. Additionally, we can not guarantee that your specific plan will cover these tests. We do know that the plan in general covers these tests, but your plan may not. If this is the case, you may receive a bill. You will be responsible to pay for any rejected claims.

PROGRAM DETAILS

Through our Comprehensive Panel C you will have the power to make wise choices, prevent serious illness and live life more fully. Comprehensive testing can detect:

- Heart Disease & Stroke Diabetes
- Infections & Certain Cancers
- Liver and Gallbladder Abnormalities
- Gastrointestinal Disorders
- Thyroid Disease
- Kidney Disease
- Nutritional Disorders
- Anemia

Heart & Diabetes	Complete Blood Count	Kidney, Liver & Thyroid	Nutrition
Glucose	Red Blood Cells	BUN & Creatinine	Calcium
Total Cholesterol	White Blood Cells	T4 & Potassium	Total Protein
HDL (Good Chol.)	Hemoglobin	Phosphorus & eGFR	Albumin
Non-HDL	Hematocrit	Chloride & Sodium	Uric Acid
LDL (Bad Chol.)	Platelet Count	Alkaline Phosphatase	Iron
Cholesterol Ratio	Red Blood Cell Distribution	Total & Direct Bilirubin	Magnesium
Triglycerides	MCH, MCHC, MCV	SGOT, SGPT, Gamma GTP & LD	

ADDITIONAL TESTS

- Additional tests are covered at 100% for BCBS PPO - must present your BCBS insurance card at the time of service.
- Additional tests are also available on a self-pay basis for non-BCBS PPO participants. The fees for these tests are listed on the below and will be collected at the time of service.

TEST NAMES	BCBS PPO Covered	Self-Pay Participants
Allergy (RAST)	\$0	\$75
Advanced Thyroid Panel	\$0	\$42
ColoCARE®	\$0	\$8
Female Hormone Profile	\$0	\$60
Hemoglobin A1c	\$0	\$37
Inflammatory Joint Disease	\$0	\$47
Testosterone (Male Hormone Level)	\$0	\$47
PSA (Prostate Specific Antigen)	\$40	\$40
Vitamin D	\$0	\$40
Vitamin Deficiency Anemia	\$0	\$37